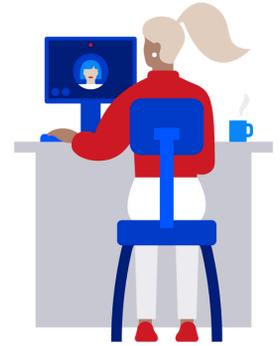


2025 Financial Wellness Events

Build your skills and take advantage of free financial education webinars hosted live at 12 PM CST by a U.S. Bank Goals Coach.



Creating a budget February 19, 2025

Learn to avoid common budgeting mistakes and hear some behavioral science tips to make budgeting less overwhelming.

Tips for saving March 19, 2025

Whether you're saving for that dream vacation or building a rainy-day fund, we've got you covered to go from, "I'd like to save," to, "I'm a great saver."

Investing basics April 16, 2025

We'll cover differences between savings and investing, basic investment account types, and common investing asset classes.

Money mindset July 16, 2025

Explore your experiences and attitudes towards money, tips on reframing negative experiences or mistakes, and steps for a positive money mindset.

ABCs of credit October 15, 2025

Whether you are building, maintaining, or trying to improve your credit, getting tips on what to do and what not to do could make a helpful difference.

Register at <https://cvent.me/mvXd7D>. All sessions will be held at 12:00 pm CST; register to receive the meeting link.

If you're interested in learning about free and confidential Goals Coaching from U.S. Bank, scan the QR code on the right or visit <http://www.usbank.com/cityofstlouis.html>.



Office of Financial Empowerment
Treasurer, City of St. Louis