Financial Recovery

FDIC Financial Education Curriculum
Welcome

1. Agenda
2. Ground Rules
3. Introductions
Objectives

• Assess your current financial situation
• Identify ways to increase income and decrease and prioritize expenses
• Develop a financial recovery plan
Objectives

• Identify steps to successfully implement a financial recovery plan

• Recognize how to guard against credit repair scams

• Identify timeframes to review and adjust your financial recovery plan
What Do You Know?

What do you know or want to learn about financial recovery?
Steps to Financial Recovery

1. Evaluate Your Current Financial Situation
2. Develop a Financial Recovery Plan
3. Implement Your Plan
4. Evaluate and Adjust Your Plan
Step 1: Evaluate Your Current Financial Situation

- Assess your current financial situation
  - Examine your income and expenses
  - Track your spending
Activity 1: Monthly Income and Expenses

Complete Activity 1 in the Participant Guide.

1. Read the scenario
2. Review the Monthly Income and Expense Worksheet
3. Answer the questions provided
Monthly Income and Expenses

• Consider ways you can:
  • Increase your income
  • Decrease your expenses

• Prioritize your expenses:
  • Pay basic necessities first
  • Pay high-priority expenses next
  • Pay remaining expenses last
Step 2: Develop a Financial Recovery Plan

• A financial recovery plan:
  • Helps you save money, pay your bills, and eliminate or reduce your debt
  • Should include financial goals and a spending plan
Set Financial Goals

1. Identify & write down your financial goals
   - Make sure they are **Specific**, **Measurable**, **Attainable/achievable**, **Relevant**, **Time-bound**

2. Organize your goals by timeframes

3. Evaluate your progress and reevaluate your goals regularly
Activity 2: My Financial Goals

Complete Activity 2 in the Participant Guide.

1. List one or two main financial goals.
2. List any supporting goals to help you achieve these main goals.
3. Make sure they are SMART goals.
Develop a Spending Plan

• Following a spending plan:
  • Helps you know what your income and expenses are every month
  • Reduces the anxiety of not being able to meet your expenses
  • Gives you a sense of control over your money
  • Helps you build assets that will improve the quality of life for you and your family
Step 3: Implement Your Plan

• It is time to put your plan in action once you have:
  • Evaluated your current financial situation
  • Established your financial goals
  • Developed a financial recovery plan
Seek Assistance

• Contact local, state, and national assistance programs
• Check regardless of income level!
• Refer to:
  • www.recovery.gov
  • www.govbenefits.gov
  • www.makinghomeaffordable.gov
Rebuild Your Credit

• If repairing your own credit:
  • Order a copy of your credit report
  • Identify and correct any errors
  • Contact your creditors to explain your situation
  • Negotiate payment plans with your creditors when you have some money to pay them
  • Opt-out of receiving unsolicited offers for credit cards
Get a Copy of Your Credit Report

- Order a free credit report from each credit bureau once every 12 months through [www.annualcreditreport.com](http://www.annualcreditreport.com)
Check for Errors

• If you think there is an error on your credit report:
  • Contact the credit reporting agency
  • Write a letter disputing the error and keep a copy of the letter for your records

• The credit reporting agencies are required to conduct an investigation within 30 days of receiving your letter.
Before Contacting Your Creditors

• **Determine:**
  • How much you owe each creditor
  • How much you can pay each creditor
  • When you can realistically pay each creditor

• **Be prepared to:**
  • Explain your situation and any efforts you are making to pay them
  • Have a plan for when you realistically can pay them
Contact Your Creditors

• Document the conversation or write a letter to your creditor
• Stay calm
• Ask about “hardship” programs
• Be honest with yourself and the creditor
  • Do not accept any deal you cannot fulfill
Using a Credit Counseling Agency

• An agency might be right for you if you:
  • Need help creating a spending plan
  • Are not disciplined enough to stick to a spending plan
  • Prefer not to negotiate with your creditors or cannot work out an acceptable repayment plan with them
  • Are unable to keep track of bills
Using a Credit Counseling Agency

• A credit counseling agency can help you:
  • Manage your money and debts
  • Develop a spending plan
  • Learn about consumer credit, money and debt management, and budgeting
Credit Repair Scams

• No one can remove accurate information from your credit report.

• It can take years to repair bad credit legitimately.

• No one can create a new identity for you.

• Legitimate companies provide a service before requesting payment.

• You can order your credit report yourself.
Step 4: Review and Adjust Your Plan

• Consider reviewing your:
  • Spending plan after implementing it and periodically thereafter (e.g., every 6 months)
  • Financial goals and spending priorities every 12 months, or after any life changing events
  • Credit report at least every 12 months and before applying for a loan
Adjust Your Financial Recovery Plan

• When your income and/or expenses change

• When you accomplish, adjust, or create a new financial goal

• When you transition to a new life stage

• Before something unexpected happens
Review and Adjust Your Insurance Coverage

• Review your coverage at least once a year
  • How much and what type of insurance you need depends on your circumstances
  • Know what natural disasters are covered by your standard homeowners insurance policy and make sure you are adequately protected
Review and Rebuild Your Investments

• Review your investment portfolio:
  • At least once a year
  • When you experience any major life change
  • When the market changes

• Adjust your allocations, considering:
  • How soon you need the money
  • Your risk tolerance
Rebuild Your Savings

• **Save money:**

  • To pay for extra expenses without disrupting or derailing you from your financial recovery plan
  
  • So you can pay for extra expenses and avoid paying the interest and fees you would be charged when using a credit card
Prevent Future Setbacks

• What are some actions you can take to stay on that road to financial recovery?
  • Rebuild your savings
  • Continue to apply what you have learned
  • Keep moving forward
  • Be patient
  • Educate yourself
  • Ask for help
Summary

• What final questions do you have?

• What have you learned?

• How would you evaluate the training?
Conclusion

• You learned about:
  • Developing, implementing, and adjusting a financial recovery plan
  • Identifying ways to increase income and decrease expenses
  • Prioritizing your spending
  • Developing financial goals and a spending plan
  • Rebuilding your credit and how to avoid credit repair scams